



Indiana Physical Therapy is dedicated to providing quality therapy to our patients in a timely and cost effective manner. We promise to provide prompt and courteous service, ongoing health education, expertise, and rehabilitative services with real results at each of our clinics.

INDIANA PHYSICAL THERAPY

CERTIFIED ORTHOPEDIC MANUAL THERAPY



**CALL TO SCHEDULE AT ANY OF OUR
LOCATIONS THROUGHOUT INDIANA:**

FORT WAYNE AREA: (260) 209-2464

INDY AREA: (317) 449-2333

MICHIANA: (574) 931-2802

OPEN 7AM-7PM

ACCEPTS ALL INSURANCES

GUARANTEED APPTS WITHIN 24 HOURS



**INDIANA
PHYSICAL THERAPY**

Where people go to get better

WWW.INDIANAPT.COM

WHAT IS MANUAL PHYSICAL THERAPY?

Manual Physical Therapy is a specialized form of physical therapy in which therapists use their hands to mobilize soft tissue and joints to decrease pain and restore range of motion. A **Certified Orthopedic Manual Therapist (COMT)** is trained to apply specific tissue and joint mobilizations to achieve targeted responses with the goal of pain management, increased range of motion, reduced soft tissue inflammation, improved mobility or stability, and the restoration of movement and function.

IPT IS PROUD

IPT staffs the largest number of COMT trained therapists in a private practice in the United States. While this required a large commitment of time and resources, it enables IPT to honor a much larger commitment— to provide Indiana the most advanced and most professional physical therapy care available anywhere.

Whatever your diagnosis, our staff has a wealth of industry experience and knowledge to help get you through. If you are down due to pain, it's time to come see us!

INDIANA
PHYSICAL THERAPY

JOINT MOBILIZATIONS AND MANIPULATIONS

Our therapists use slow or high speed movements applied to your joints with their hands. This can reduce pain, stiffness, inflammation, and improve joint mobility. You will have better movement and improved function.

SOFT TISSUE MOBILIZATION

As a result of some injuries, there may be soft tissue changes where the muscles become both inflamed and thickened. In these cases, knots and trigger points can develop causing pain. IPT's therapists are able to break up these tissues using soft tissue mobilization to reduce pain and improve function.

WHY CHOOSE REHAB WITH A COMT?

To become a COMT, a physical therapist must undergo extensive training and must pass a certification exam. This specialty certification must be renewed every 10 years by completing specific continuing education requirements.

