

We ♥ what we do  
and it shows!

## THE IPT DIFFERENCE

### EXPERTISE

Committed to professional development, Indiana Physical Therapy has the largest number of Certified Orthopedic Manual Therapists (COMT) in the nation.

### FOCUS

Indiana Physical Therapy provides hands-on individualized treatment to get you better faster.

### QUALITY

Focus On Therapeutic Outcomes (FOTO), an industry-leading software, enables Indiana Physical Therapy to monitor and improve clinical results and patient satisfaction.

### SUPPORT

The Indiana Physical Therapy team completes timely pre-authorizations, insurance verifications, and scheduling. Our therapists' seamless communication and regular updates ensure continuity of care.

### ACCESS

Indiana Physical Therapy guarantees appointments within 24-hours, is open 7AM to 7PM, and accepts all insurance.

## 21 CONVENIENT LOCATIONS THROUGHOUT INDIANA:

### FORT WAYNE

Quimby Village  
Illinois Road  
Carroll Road  
Vestibular Clinic  
Stellhorn  
West Jefferson  
Clinton Mayhew

### REGIONAL

Bluffton  
Elkhart  
New Haven  
Angola  
Auburn  
Columbia City  
Decatur  
Goshen  
Mishawaka  
Huntington  
Kendallville  
Warsaw

### INDIANAPOLIS AREA

South Emerson  
Avon  
Camby

### CALL TO SCHEDULE

FORT WAYNE: (260) 209-2464

INDY: (317) 449-2333

MICHIANA: (574) 931-2802



# TMD

Temporomandibular  
Joint (TMJ) Disorder



Where people  
go to get better

NO REFERRAL NEEDED

WWW.INDIANAPT.COM



*Your First Line of Treatment!*

## WHAT TO EXPECT...

- Treatment covered under medical insurance
- Reduce pain
- Normalize range of motion, bite, and movement patterns
- Improved function (yawning, eating, talking)
- Increase awareness of behaviors that impact the jaw

## WHAT WILL PT DO TO HELP?

Manual Therapy  
 Exercise Prescription  
 Modalities  
 Dry Needling  
 Lifestyle & Activity Changes

**CALL TODAY FOR AN APPOINTMENT**

OPEN 7AM TO 7PM

# WHAT IS TMD?

Temporomandibular Joint (TMJ) Disorder (TMD) is a condition that occurs as a result of dysfunction in the jaw, neck, or the muscles that control jaw and neck movement.

## DO YOU HAVE THE FOLLOWING SYMPTOMS?

### NECK

- Neck/Shoulder pain or stiffness
- Arm and finger numbness and/or pain

### JAW

- Clicking or popping
- Grating sounds
- Pain in cheek
- Uncontrollable jaw movements
- Tooth Pain

### HEAD

- Recurring headaches
- Head tension
- Scalp painful to touch
- Pain up back of head

### EYES

- Pain behind eyes
- Sensitivity to light

### EARS

- Buzzing or ringing
- Ear Pain
- Decreased hearing
- Itching ears
- Vertigo/Dizziness
- Feeling of Fullness

### THROAT

- Difficulty swallowing
- Frequent coughing or throat clearing
- Sore throat
- Feeling of object in throat



GUARANTEED APPTS WITHIN 24-HOURS

ALL INSURANCES ACCEPTED!